

Forever Lycium Plus

Description and Purpose

For thousands of years, people in Asia have used lycium fruit and liquorice to help maintain good health.

Lycium Plus is a dietary supplement intended as a source of antioxidants, bioflavonoids and other beneficial phytonutrients. Lycium fruit grows in China, where it has been used for centuries as a traditional remedy for a variety of ailments. Rich in amino acids (the building blocks of protein), and vitamins, lycium is known in China as a 'yin tonic'. It is known for maintaining good vision, helping the complexion, nourishing the liver and kidneys and for having general anti-ageing and strengthening properties.

Liquorice is thought to be the most widely-used herb in Chinese medicine. It contains over 150 chemical compounds, many of which have beneficial effects on health. Although it is used specifically for treating various illnesses, its most frequent use by far is as a complementary herb in countless prescriptions - its main function being to bring out the most beneficial effects of other herbs. This makes it an ideal companion for lycium.

At a glance...

- Powerful antioxidant
- Good source of phytonutrients
- Beneficial to eyesight, skin, liver, kidneys and heart
- Rich in vitamins and amino acids



Liquorice flavonoid extract is a concentrated form of liquorice bioflavonoids. It is produced according to a proprietary process that removes most of the glycyrrhizin, an intensely sweet component of liquorice that has been shown to produce undesirable side-effects. Based on modern studies, liquorice bioflavonoids are among the strongest antioxidants yet discovered.

Formula Ingredients

Lycium fruit extract (powdered fruit)	300mg
Liquorice flavonoid extract (powdered root)	37.5mg

Other Ingredients

Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid, magnesium stearate, and silicon dioxide.

Contents

100 tablets.

Suggested Use

Take 1 tablet 3 times daily.

