

# Forever Active Probiotic

## Description and Purpose

Microbes are micro-organisms that live in our bodies and play a role in our general health and wellbeing. While some microbes are bad, the majority are beneficial. These 'good bacteria' are called 'probiotic', meaning 'for life' in Greek. Forever recognises the important role that beneficial microbes play in human health and the need to supplement through probiotic therapy. Designed to promote a healthy digestive system, Forever Active Probiotic is a small, easy-to-swallow beadlet that helps redress imbalances created by our food and lifestyle choices, which can lead to a reduction in the amount of naturally occurring probiotics. It works primarily in the colon where it assists with the process of food digestion, helping to release nutrients for absorption, and contributes positively to normal human growth and development by helping to maintain a balanced and healthy system.

What's great about Forever Active Probiotic is that it works in tandem with our patented Aloe Vera Gel. Aloe acts as a 'prebiotic', which fosters the growth of, and provides the ideal environment for, the probiotic to function. So whether your goal is to promote a healthy digestive system or enhance nutrient absorption and immune function, add Forever Active Probiotic to your daily supplement programme.

As probiotics themselves are quite fragile, Forever Active Probiotic uses an exclusive, patented encapsulation technology that protects the probiotics then releases a unique combination of six beneficial strains of microbes only after they reach the desired destination of the large intestine.

### At a glance...

- Promotes a healthy digestive system
- Enhances nutrient absorption and immune function
- Unique combination of six beneficial strains of microbes
- No refrigeration needed



The probiotics in Forever Active Probiotic are derived from lactobacillus and bifidobacterium genera; the strains are:

**Lactobacillus acidophilus** inhibits undesirable organisms and helps prevent them from multiplying and colonising

**Bifidobacterium longum** crowds out bad bacteria

**Bifidobacterium lactis** helps lower the body's pH and further inhibits undesirable bacteria growth

**Lactobacillus rhamnosus** helps to protect the intestinal tract so that the undesirable micro-organisms can't get a foothold

**Lactobacillus bulgaricus** helps to keep the small intestine clean and balanced

**Lactobacillus plantarum** preserves key nutrients, vitamins, and antioxidants to help counteract undesirable substances in our foods.

## Formula Ingredients

Proprietary probiotic blend 1 billion cfu; B. lactis, L. rhamnosus; acidophilus, B. longum; L.bulgaricus, L.plantarum.

## Other Ingredients

Palm oil, gelatin, glycerin, soy lecithin, pectin, caramel colour.

**Contains soy.**

## Contents

30 beadlets.

## Suggested Use

Take 1 beadlet daily with water on an empty stomach or 2 hours after a meal. Do not chew or crush.

Note: This product does not contain yeast, wheat, gluten, corn, dairy products, artificial colouring, artificial flavouring or preservatives. This product contains natural ingredients (colour variations are normal).

