

Wacky Cactus

TEAMWORK – TOGETHER EVERYONE ACHIEVES MORE!



WE ALL WANT healthy teeth and there are few people who would claim to enjoy a trip to the dentist. The use of fluoride (specifically sodium fluoride, NaF) to reduce dental decay is now being doubted; there are even suggestions it could be harmful. Dental health is best achieved by good dental hygiene. An abrasive paste or a hard toothbrush can damage tooth enamel. I use a soft brush and our Forever Bright Aloe Toothgel – which contains no fluoride, is non-abrasive and uses Aloe and propolis to kill the bacteria that cause plaque – and I drink Aloe Vera Gel. My teeth are in good condition; in fact better than they have been for years. The choice is yours.

Robin



Good Health for your Teeth

The Use of Aloe Vera in Dentistry

by Richard Sudworth

Aloe Vera has been used medicinally for a few thousand years. Orthodoxly it is used in burns units to great effect and is increasingly being used in the treatment of dermatological lesions. Several studies on burns have been conducted in comparison trials between Aloe products and non-Aloe. The Aloe seems to promote more rapid healing and pain relief.

Aloe acts in many ways. It is particularly known for its penetrating capacity to reach deeper layers of the dermis when applied topically. It has strong antiseptic properties being bactericidal, fungicidal and virucidal. It promotes cell growth. It is neurologically calming and also acts as a detoxifying agent. I think it will be a long time before it is thoroughly understood just how extensively Aloe does work.

The dental uses of Aloe Vera are multiple. It is extremely helpful in the treatment of gum disease – gingivitis and periodontitis. It reduces swelling of the soft tissues and consequently this reduces the bleeding of the gums. It is powerfully antiseptic in gum pockets where normal cleaning is difficult. Its antifungal properties help greatly in the problem of denture stomatitis, i.e. red and sore mucous membranes which are permanently covered by a denture – this is a form of thrush. Cracked and split corners of the mouth are also subject to

fungus infection and this can be cured by Aloe. Its antiviral properties help in the treatment of cold sores (Herpes Simplex) and shingles (Herpes Zoster). It is a powerful healing promoter and when inserted into extraction sockets is very beneficial. It can be used in any surgical wound. It has a use in root canal treatment as a sedative dressing, healing promoter and file lubricant. In an article of this length and nature, it is not possible to go into greater detail.

It is important to choose an Aloe product which is concentrated, pure, stabilised and preferably grown organically. Some products carry a label bearing an accreditation "Seal of Approval of the International Aloe Science Council". This seal guarantees those desirable necessities outlined above.

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Forever Bright Aloe Toothgel can be used for animals too. Using a toothbrush is another matter!

Forever Bright Aloe Toothgel

Forever Bright is formulated for all the family to use, and contains the highest quality raw ingredients: our Aloe is organically grown and carries the International Aloe Science Council Seal of Approval. It is also suitable for vegetarians as it contains no animal by-products. Its formula includes only natural peppermint and spearmint flavourings. To its principal ingredient, Stabilised Aloe Vera Gel, is added bee propolis. The combination not only has good anti-bacterial properties for fighting plaque and keeping the breath fresh, but also its anti-inflammatory qualities benefit the gums and delicate inner lining of the mouth, for both young and older users alike. It is particularly good for bleeding gums and mouth ulcers, and can be applied directly when brushing is too painful.

Code 028, 130g, £4-96



Testimonies

Good teeth? Drink Aloe!

A week or so ago I was discussing the benefits of drinking **Aloe Vera Gel** with one of my customers when she told me that she has recently been to the dentist and, despite always needing treatment before, this time the dentist declared her teeth absolutely fine and no treatment needed.

The only thing she has changed is to start drinking the gel. Being as fond of dental treatment as most people, she is delighted, and will certainly not stop drinking the Aloe Vera Gel.

Robin Hiseman

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Bee Propolis (or 'Bee Glue'), a natural antibiotic, is an active ingredient in our toothgel. Here is a testimony about its use in our Aloe Propolis Crème...

Piano Playing Hands

I am a pianist and had eczema that caused the skin on my hands to crack. This meant that it was difficult to play. I came across a *Forever* stall at a county show and was advised that the **Aloe Propolis Crème** might help. I am allergic to lanolin and was apprehensive about trying the crème.

I was told that the lanolin used in the *Forever* products is extracted without leaving harmful chemical residues as happens with other manufacturers. So, I tried a small amount to see if I reacted, and all was OK.

I continued to apply the Aloe Propolis Crème to my hands and I am now playing the piano again.

Sarah Trow, Woking

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Head Lice

I am unhappy with any assertion that 'chemicals are the only way to kill head lice', and that 'herbal remedies are too weedy'. A mother of three known to me has eliminated the lice from her children's hair by using *Forever Living's* Aloe Vera products, specifically the Gelly, the shampoo and the conditioner, with the aid of a stout flea-rake, of course.

I am aware that the company itself does not claim that its products will kill head lice, but they clearly did for this mother – and because these high quality products are mostly natural, it is an option that is well worth trying before resorting to 'chemicals'.

Provided by Emma McHugh