

# Wacky Cactus

WELLBEING FROM THE ALOE AND THE BEEHIVE

## EDITORIAL



*According to the calendar, Summer has arrived! Let's see if the weather agrees. Apparently, we have had the coldest Spring for 50 years; I really hope*

*Summer doesn't follow suit this year.*

*That said, Forever has a wonderful range of products for the Summer, so I have put together some of my favourites for you in this newsletter.*

*In May in Hawaii, Forever announced new products that will soon be available here for us, and we have a preview of them for you.*

*In my own quest for fitness, I have completed the Forever Clean 9 and Nutri-Lean packs, and I have lost over 6 lbs and 2½ ins from my waist. More importantly, I feel much more alert and I have more energy. To compare, at the start the 3km I was running on my cross-trainer was taking me 8½ mins. Now I am down to 8 mins and 10 secs. I am carrying on with the Nutri-Lean because I like the benefits I feel, and it tastes nice! I would highly recommend this 'nutrition management' plan to anyone needing to lose weight or simply wanting to be fitter.*



Clean-9 with Forever Active Probiotic (not included in the pack)

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# HOLIDAY FRIENDS

**I**t is important to choose your friends carefully, and with that in mind, here are some suggestions as to which you might like to take on holiday with you, after all you will be spending quality time with them, so you need to make sure they are quality friends!

### Aloe2Go / Freedom2Go

The wonderful Aloe Vera Gel bottles are not really the easiest to take on holiday, so Forever have produced convenient pouches of Aloe Vera Gel (with pomegranate and mangosteen) and Forever Freedom (with pomegranate). Each pouch is one day's serving, and most conveniently they don't need refrigeration.

### Sunscreen / Sunscreen Spray

The very best in skin protection, both are SPF 30 and water resistant. The spray is especially easy to apply to children as it is much quicker! The aloe sunscreen cream is also useful as an after-sun lotion if you don't want to take an extra tube with you.

### Aloe Lotion / Moisturising Lotion

Moisturising your skin is important when you are exposed to the drying effects of the sun, sea and wind. These lotions combine the soothing properties of aloe with collagen and elastin to keep the skin feeling smooth and supple. The lighter Aloe Lotion is an excellent after-sun lotion.

### Aloe Vera Gelly

Simply the best to keep on hand to soothe and calm irritated skin. Being essentially identical to the aloe vera's inner leaf, it has all the benefits associated with applying aloe vera, making it ideal and safe for sensitive skin.

### Aloe Lips

Our lips are often vulnerable to the drying effects of sun and sea, so what better way to protect them than by keeping this excellent balm to hand at all times. It is small enough to fit in a pocket or handbag, and is ideal to take to the beach.



Best of friends for your holiday

### Forever Hand Sanitizer

This wonderful little bottle contains aloe and honey, and is designed to kill 99-99% of germs. The skin-soothing gel contains stabilised aloe and hydrating honey to soften and moisturise the skin as it cleans – with a mild scent of lemon and lavender. The 2 oz bottle makes it the perfect size to have on hand anywhere; especially useful for picnics with children when hand-washing can be difficult.

### Aloe Sunless Tanning Lotion

OK, so the sun may not shine all the time, or maybe you want a tan without spending all day in the sun. This lotion provides a natural-looking, streak-free, even tan without risking any damage from UV rays. It moisturises the skin, has no unpleasant smell, and doesn't rub off on clothes. (Remember, it doesn't protect you from the sun, so you still need sunscreen!)

# ANNOUNCING NEW PRODUCTS ON THE SHELF

**A**t Forever's Global Rally in Hawaii, some new products were launched. They are not available yet here in the UK, but this is to give you an idea of what to expect later this year.

**FAB X** is a zero-calorie version of the popular Forever Active Boost (FAB) energy drink. It has the same great taste, but without the calories, carbohydrates or sugars.

**Forever Daily** is a nutritional supplement which provides 100% of the recommended daily allowance of essential vitamins, minerals and nutrients.

**Forever Calcium** has an improved formula that provides 100% of the recommended daily allowance for calcium, including a patented form for maximum absorption.

**Vitolize** are vitality supplements individually targeted for men and women keeping their specific needs in mind. Here is a brief description of each:

**Vitolize for Men.** This unique formulation supplies a highly effective blend of herbs, vitamins, minerals and antioxidants for men. The added vitamins C and B6 help to reduce fatigue, and B12 is included for its many benefits.

**Vitolize for Women** has a proprietary blend of herbs – including apple powder and passion flower – to help with stress and to support overall health. The passion flower can also assist in achieving a state of calm to enable healthy sleep.

Watch this space to find out when these new additions to Forever's already impressive range become available, and be among the first to try their benefits.

**Forever bringing you the very best.**



Five New Kids on the block for you