

Wacky Cactus

NATURAL HEALTH FROM THE ALOE AND THE BEEHIVE



WOW! As I write this Summer has returned with glorious sunshine! Let me remind you about Forever's wonderful sunscreen products: a lotion and a spray, both water-resistant and with a high SPF. The lotion is an excellent after-sun lotion too. And don't forget the Aloe First spray; I apply it to my hair to moisturise it to protect against the drying effects of the sun, sea and chlorine. • ImmuBlend joins Forever's range of nutritional supplements. Aloe Vera Gel is clearly the very best supplement you can take, but along with Aloe Berry Nectar, Forever Freedom, Arctic Sea (for omega 3 fatty acids) and the L-Arginine supplement ARG1+, ImmuBlend is there to help you maintain your health by supporting your immune system.

Robin

SKINCARE FOR YOU



A collection of six wonderful components – each designed for a specific rôle in a complete régime of facial skin care, created by combining the benefits of nature with the scientific knowledge of modern dermatology. Displayed in a beautiful case, the collection also includes a mirror, mixing spoon and application brush. Although each of the products is available separately for replacement, the full benefits of the whole collection is best experienced through the combined use of all six elements.

Each product in the Aloe Fleur de Jouvence Collection has been developed with great care and attention to the daily needs of your skin. Forever starts with pure, stabilised aloe vera gel, and combines it with nature's unique cellular

Aloe Fleur de Jouvence Collection

substance, collagen, along with exceptional moisturisers, emulsifiers and humectants. This creates a unique skin care range that helps counteract the threat of time, weather and environmental elements. The Aloe Fleur de Jouvence range provides a daily skin care régime to help promote the naturally occurring attributes of youth, vigour, freshness and radiance of the skin.



Join the club!

Forever ImmuBlend is a new supplement designed to support immune system function by addressing all aspects of the immune system from its first line of defence to its last. Each ingredient in this proprietary blend is specifically chosen for the crucial rôle it plays in supporting your body's immune system function. It helps the body's biological defence system to operate at peak performance so you can carry on your daily routine without any cares.

ImmuBlend includes the power of lactoferrin, maitake and shiitake mushrooms, along with vitamins C, D and zinc for that extra boost.

- **Vitamin D** – maintains immune cells
- **Vitamin C** – fights free radicals
- **Zinc** – fights free radicals and supports immune cell production

This exclusive formula addresses all aspects of immune system function, providing both foundational nutrients required for a healthy immune system, and natural botanicals that work synergistically to support immune function.

- Supports all aspects of immune system function
- Helps maintain digestive comfort
- Fights free radicals

As with all supplements, consult your doctor before taking if you are pregnant, trying to conceive, or nursing.



Maitake and shiitake mushrooms

New – Forever Lite Ultra with Aminotein

Whey and soy have been used for many years as excellent sources of protein. Forever used to use a combination of whey protein and soy protein in the Forever Lite products and this provided products rich in protein, amino acids and nutrients, yet low in fat and cholesterol. This combination has been very effective. However emerging science has revealed that soy protein by itself can provide some unique advantages over using the combination of whey and soy.

By using exclusively soy protein, Forever is taking full advantage of the health benefits, plant-based sourcing, eco-friendly and consistent supply associated with soy protein, and still have the satiety, amino acids and weight-management benefits associated with whey.

One of the biggest stumbling blocks to consuming large amounts of protein is digestibility. We are all different and the level of enzymes needed to break-down protein in the body ranges from person to person. As we age, the level of enzyme production reduces, which makes it harder for our bodies to digest protein properly and receive the benefits of its precious building blocks – amino acids. Enzyme activity can be inhibited for a number of reasons besides age, such as metabolic predisposition, illness and environmental factors.

The old saying, "We are what we eat" is not true – we are what we absorb!

If we cannot break down protein we can't absorb the amino acids. Aminotein is a unique blend of enzymes specifically designed to break-down protein in your diet and so encourage absorption of the important amino acids. You can use it alone or as part of the Clean9 and Nutri-Lean programmes to help manage your weight.



Published by Wacky Cactus Publications. © Copyright Wacky Cactus Publications. No reproduction in whole or in part without written permission. No product or service advertised and/or published and/or appearing in the Wacky Cactus newsletter is, unless expressly stated to the contrary, endorsed by and/or otherwise associated with the Wacky Cactus brand.