

Wacky Cactus

NATURAL HEALTH FROM THE ALOE AND THE BEEHIVE



WINTER IS APPROACHING FAST! It has certainly got cooler over the past couple of weeks, and I have met increasing numbers of people sporting the latest in coughs and sneezes! To me it only makes sense to protect myself from health challenges during the Winter months, so I make sure I have my Aloe Vera every day, and keep the Echinacea on hand for when I need it. • Christmas is looming, so do ask the person who gave you this newsletter for a Christmas Brochure and order form. • With finances being stretched, why not consider Forever as an opportunity to boost, or even replace, your existing income? Worried about the future where you work, or your pension? Look at what Forever can offer you.

A PICTURE OF HEALTH THIS WINTER

Aloe Vera Gel, Probiotics, Bee Propolis, Echinacea and Vitamin C – just what you need to keep you going all Winter.



Every Winter we are assaulted by a range of challenges to our health. Cold and wet weather keeps us indoors with the heating on. On top of that, this is the very time when we need exercise to enable our bodies to perform well, but we often do not feel up to doing it!

The job of our immune system is to protect us from all that challenges our state of health, but in order for it to work properly, we need a good daily supply of nutrients, vitamins, minerals and amino acids. For optimum health, we also need our digestive system to be functioning well, and we need our minds to be alert. We are what we eat (how could we be anything else?) so it is important to eat well and to supplement those nutrients believed to be lacking from much of the food available to us.

Aloe Vera Gel

This natural wonder has been used for centuries for its powerful properties and health benefits by numerous civilisations around the world. Forever has the very best available for you to use so you too can enjoy those benefits in a selection of four drinks – Aloe Vera Gel (natural flavour), Aloe

Berry Nectar (with added apple and cranberry), Aloe Bits 'n' Peaches (ideal for children) and Forever Freedom (formulated to maintain healthy joint function). Drinking any of these four on a daily basis assists digestion and the absorption of nutrients, as well as adding vitamins, minerals and amino acids to your diet. Above all, they promote a good, healthy lifestyle, essential to see us through the Winter months.

Forever Active Probiotic

This contains a unique combination of six shelf-stable beneficial strains of microbes to promote a healthy digestive system. The easy-to-swallow beadlet enhances nutrient absorption and immune function, and does not need refrigeration.

Forever Echinacea

This is a highly prized form of Echinacea (containing both *Purpurea* and *Angustifolia*) combined with goldenseed and grape seed extract for maximum benefits to help maintain a healthy immune system.

Absorbent-C

The benefits of Vitamin C are well known, among which it helps maintain healthy connective tissue, skin, joints and respiratory functions. These chewable tablets provide 100% of the UK RDA of vitamin C from natural citrus bioflavonoids, and are bonded with oat bran, a highly soluble fibre for gradual absorption.

Forever Bee Propolis

Propolis is the protective substance gathered and used by bees to keep their hives clean. The interior of a bee's hive is said to be safer than most operating rooms! It is an excellent way to help support the body's natural defences, and helps support a healthy respiratory system.

OPPORTUNITY

With unemployment rising, pensions falling, and the Euro uncertain, making sure of your income can be a real problem at whatever stage of life you find yourself.

There is probably no better time than now to find out about becoming part of a team that can fit perfectly around you, your family and your life. Forever, with its award-winning training and support structure (recognised at Gold Standard by Investor In People), can offer you the opportunity to live your dream.



An opportunity to benefit your whole family.

So, if you need a change, want flexible hours, need extra income, just want to be your own boss, or would like to meet new friends whilst helping others, then why wait? Contact the person whose details are at the bottom of this newsletter today, and begin the rest of your life!

We are aware that it is illegal for a promoter or a participant in a trading scheme to persuade anyone to make a payment by promising benefits from getting others to join a scheme. Do not be misled by claims that high earnings are easily achieved.

Forever Living Products (Longbridge Manor, Longbridge, Warwick, CV34 6RB) is a member of the Direct Selling Association.



Forever offers the very best way to help you get in shape, give you lasting energy, and help you stay healthy.

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CHRISTMAS GIFTS

Take a look at the Forever Christmas Brochure. It's packed with wonderful gift ideas. For example, the **Sonya Skincare Collection** offers a deluxe premium skincare range which is the product of anti-ageing technology using the finest ingredients including Aloe Vera, fruit extracts, white tea and super-hydrating moisturisers. This collection of five Aloe-rich products includes the Aloe Purifying Cleanser, Aloe Refreshing Toner, Aloe Nourishing Serum and Aloe Balancing Cream, all of which come elegantly wrapped in a stylish gift box.

