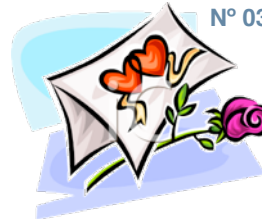


Wacky Cactus

NATURAL HEALTH FROM THE ALOE AND THE BEEHIVE



ST. VALENTINE'S DAY is when we want to give to that someone special. How about choosing something from our 'Pamper' range of products? • People sometimes suggest that our products aren't cheap. True! Cheap products almost always have a hidden cost. Perhaps they don't do what they promise, or they don't last as long as you expected. Or else someone else is paying the extra cost for you: the farmer, the factory worker or the environment. Forever's products may not appear cheap, but they are ethical and excellent value for money; they are truly economical. They do what they promise and they often last longer than expected. No-one is being exploited and the environment is being cared for. Personally, I choose true value and to pay the honest price. How about you?

Simon

ST. VALENTINE'S DAY PAMPERING

Make St. Valentine's Day memorable for that special someone by choosing something from Forever's superb range of pampering products.

Aroma Spa Collection

Our luxurious three-piece aromatherapy spa collection, complete with attractive travel bag to make the perfect present. Used alone or together they bring the benefits of an aromatherapy spa to the comfort of your own home.

Relaxation Bath Salts

Soak away your cares with a blend of Dead Sea Salt, Lavender and other essential oils.

Relaxation Shower Gel

Formulated with Aloe Vera, essential oils and fruit extracts, this brings advanced skin care into the shower.

Relaxation Massage Lotion

Created for use after bathing. Experience the soothing, skin conditioning blend of Aloe Vera, essential oils, white tea and fruit extracts.

Fleur de Jouvence

This collection has been created with pure, stabilised Aloe Vera Gel combined with nature's own hydrolysed elastin and collagen. It is suitable for all skin types and ages, including sensitive skin. In the presentation case are: Exfoliating Cleanser, Rehydrating



The Aroma Spa Collection



Aloe Fleur de Jouvence

Body Toning Kit

Designed to trim, tone and tighten – minimising the bumpy texture of cellulite. Helps stimulate circulation and cleanses the skin to shed extra inches. The Body Toning Kit contains: Aloe Body Toner, Aloe Body Conditioning Crème, Aloe Bath Gelée, loofah mitt and cellophane wrap.



Aloe Body Toning Kit

Forever Lean 2010

Forever has a unique selection of organically grown weight loss products to help you quick start a cleaner healthier lifestyle. Our products aid the body's natural cleansing process to help you achieve and maintain a healthy weight.

The **Forever Nutri-Lean Programme** is a two step process which combines a 9-day nutritional cleansing plan (Clean 9) followed by a long-term weight loss plan (Forever Nutri-Lean). With the same philosophy of good nutrition, the programme has been designed to take the guesswork out of a lifetime of healthy eating and diet control. The **Forever Nutri-Lean Programme** will help you achieve a comprehensive knowledge of how to live your life free of yo-yo dieting, unhealthy eating and other nutritional and fitness misconceptions.

This is what two satisfied users have to say about the programme:

"Lost 15 pounds In 30 Days!"

I love to eat and don't exercise much – I certainly do not want to go to a gym. They are the reasons why I have always put off going on a diet. But I took the plunge using the program and am so glad that I did. I was worried that I would feel hungry – but never did. The program allowed for the fact that I love to pick at food all day – it even allowed for the occasional gin and tonic in the evening.

The exercise was no more rigorous than a 30 minutes brisk walk – I was up for that if it meant losing some weight. I lost over 15 pounds and two inches off my waist – and it stayed off. I recommend the program to everyone.

Simon, UK

"Lost 12 pounds In 9 Days!"

I am delighted to say that I lost a total of 12 pounds in the first 9 days, and 10 days later have not put any back. However, what about measurements? I lost 1 inch around my thighs, 1 inch from my waist and 3 inches around my "beer belly".

Andy, UK

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HEALTH IN A GLASS – FOREVER ALOE VERA GEL

Imagine slicing open an aloe leaf and consuming the gel right from the plant. Well, you can come as close as possible to doing just that by drinking Aloe Vera Gel. Our patented stabilised Aloe Vera Gel is essentially identical to the fresh leaf gel of the leaf and it was the first to receive certification by the International Aloe Science Council. Just pour some into a glass and you'll see the rich cocktail of pulp and liquid that tells you this is an

authentic product brought to you just as nature intended.

Aloe Vera Gel contains an abundance of vitamins and minerals including the rare vitamin B12 – one of only two vegetable sources available. This makes Aloe Vera Gel a vital supplement for vegetarians and vegans too. It provides seven essential amino acids which are directly linked to cell growth and which cannot be manufactured within the body.

There are so many nutrients in Aloe Vera Gel that it is difficult to catalogue all the benefits that have been reported. One thing is certain – Aloe Vera Gel has had a profoundly positive influence on the health and lifestyle of many.

So, it is not surprising that our Aloe Vera Gel drink is our top-selling product. The start of the year is the perfect time to try it out as many people are detoxing or trying to get healthy for 2010 and feel better after Christmas.